

NATIONAL PREPAREDNESS MONTH SEPTEMBER 2021

Did the recent ice storm, fires, heat waves, and pandemic catch you off-guard? Each September, the City of Tualatin promotes emergency preparedness. Below are some tips, links, and suggestions to better prepare for unexpected emergencies.



TALK TO OTHERS

- One of the most important resources in an emergency is other people!
- Say hello to your neighbors, exchange contact info, learn about the "stuff" you each have that would be helpful in an emergency.
- Host a virtual or in-person Neighborhood Ready Meeting. These are free and focus specifically on emergency planning for neighborhoods (https://www.tualatincert.org/tualatin-ready)



MAKE LISTS & PLANS

- There are many resources, plans, checklists that a quick internet search will bring up, many created specifically with groups like children, businesses, seniors, and pet owners in mind.
 - Start with www.ready.gov, which is the home of National Preparedness Month.
 - Check out Take 5 To Survive, a website devoted to 5-minute preparedness tasks put together by the Washington County Emergency Management Cooperative (www.take5tosurvive.com).



SIGN UP FOR ALERTS & INFORMATION

- Most alerts can be sent via text, email, phone call, voicemail, and landlines. Check out:
 - o Public Alerts Oregon, Washington County Public Alerts, and Clackamas County Public Alerts
- Tune into radio stations like 91.5 KOPB-FM or 101.1 KXL-FM for Portland area news.
- For local information, visit www.tualatin.gov and/or follow @cityoftualatin and @tualatinpolice on Facebook, Instagram, Twitter, and NextDoor.



GET A BUCKET

- A five-gallon bucket with a lid is a great emergency planning tool.
- Use one as your emergency kit or to hold other supplies (food, first aid, pet items, etc.)
- Learn about using buckets as emergency toilets. Known as "Pee and Poo" buckets, the Regional Disaster Preparedness Organization has free how-to guidebooks, bucket stickers, and materials lists (https://rdpo.net/emergency-toilet).