



AUGUST 2026

8513 SW Tualatin Road
Tualatin, OR 97062
503.691.3061 | TualatinOregon.gov

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7	8
	9am JPC Walking Group* 9am-4pm Billiards* 9:45-10:45am Gentle Somatic Yoga Session 2 11:15am-12:15pm SilverSneakers Classic	9am-4pm Billiards* 9:30-10:15am Mat Pilates 10:30-11:30am Bingo* 12-1pm JPC Meal Program 11am Community Convos: Are We What We EAT?	9am-4pm Billiards* 9:45-10:30am Low Impact Cardio Dance 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg* 7-9pm Men's Group	9am-4pm Billiards* 9:30am Coffee & Conversations* 11am-12pm Bingo* 6:30-7:30pm Zumba	9am-4pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12-1pm JPC Meal Program 1-2pm Earthwise Crew: Insects & Music 1-3:30pm Bunco 7-9pm Line Dance	9-10am Zumba 10-11:30am Mindfulness for Every Day 10:15-11:15am Yoga for Veterans*
9	10	11	12	13	14	15
	9am JPC Walking Group* 9am-4pm Billiards* 9:45-10:45am Gentle Somatic Yoga Session 2 11:15am-12:15pm SilverSneakers Classic	9am-4pm Billiards* 9:30-10:15am Mat Pilates 12-1pm JPC Meal Program	9am-4pm Billiards* 9:45-10:30am Low Impact Cardio Dance 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg*	9am-4pm Billiards* 9:30am Coffee & Conversations* 6:30-7:30pm Zumba	9am-3pm Day Trip: Old Salmon River Trail 9am-4pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12-1pm JPC Meal Program 1-4pm Cards & Games* 5:30-7:30pm Step-by-Step Acrylic Art 7-9pm Line Dance	9-10am Zumba 10-11:30am Mindfulness for Every Day 10:15-11:15am Yoga for Veterans*
16	17	18	19	20	21	22
	9am JPC Walking Group* 9am-4pm Billiards* 9:45-10:45am Gentle Somatic Yoga Session 2 11:15am-12:15pm SilverSneakers Classic	9am-4pm Billiards* 9:30-10:15am Mat Pilates 12-1pm JPC Meal Program 12-1:30pm Lunch & Learn: 10 Warning Signs of Alzheimer's Disease	9am-4pm Billiards* 9am-4pm Day Trip: Hood River Fruit Loop 9:45-10:30am Low Impact Cardio Dance 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg* 7-9pm Men's Group	9am-4pm Billiards* 9:30am Coffee & Conversations* 10am Crafts* 2-3:30pm Let's Talk: Summer Memories 6:30-7:30pm Zumba	9am-4pm Billiards* 10am-4:30pm Billiard Tournament 11:15am-12:15pm SilverSneakers Classic 12-1pm JPC Meal Program 1-4pm Cards & Games* 7-9pm Line Dance	9-10am Zumba 10-11:30am Mindfulness for Every Day
23	24	25	26	27	28	29
	9am JPC Walking Group* 9am-4pm Billiards* 11:15am-12:15pm SilverSneakers Classic	9am-4pm Billiards* 9:30-10:15am Mat Pilates 12-1pm JPC Meal Program	9am-4pm Billiards* 9:45-10:30am Low Impact Cardio Dance 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg* 2-3pm JPC Book Club*	9am-4pm Billiards* 9:30am Coffee & Conversations* 9:30am-2:30pm Day Trip: Oregon State Capitol 6:30-7:30pm Zumba	9am-4pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12-1pm JPC Meal Program 1-4pm Cards & Games* 7-9pm Line Dance	9-10am Zumba 10-11:30am Mindfulness for Every Day
30	31					
	9am JPC Walking Group* 9am-4pm Billiards* 11:15am-12:15pm SilverSneakers Classic					* Denotes drop-in activity



JULY 2026

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
* Denotes drop-in activity			1 9am-4pm Billiards* 9:45-10:30am Low Impact Cardio Dance 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg* 7-9pm Men's Group	2 9am-4pm Billiards* 9:30am Coffee & Conversations* 11am-12pm Bingo* 1-3:30pm Bunco 1-2pm Wu 24: Part 1 6:30-7:30pm Zumba	3 CLOSED	4 CLOSED
5	6 9am JPC Walking Group* 9am-4pm Billiards* 9:45-10:45am Gentle Somatic Yoga Session 1 11:15am-12:15pm SilverSneakers Classic 1-2pm Combined Tai Chi	7 9am-4pm Billiards* 9:30-10:15am Mat Pilates 10:30-11:30am Bingo* 11am Community Convos: Giddy Up! 12-1pm JPC Meal Program 1-2pm Wu 24: Part 1	8 9am-4pm Billiards* 9:45-10:30am Low Impact Cardio Dance 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg* 3-8:30pm Day Trip: AUSL Cascade Softball	9 9am-4pm Billiards* 9:30am Coffee & Conversations* 1-2pm Wu 24: Part 1 6:30-7:30pm Zumba	10 9am-4pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12-1pm JPC Meal Program 1-2pm Earthwise Crew: Tualatin's Climate Action 1-4pm Cards & Games* 7-9pm Line Dance	11 9-10am Zumba 10:15-11:15am Yoga for Veterans*
12	13 9am JPC Walking Group* 9am-4pm Billiards* 9:45-10:45am Gentle Somatic Yoga Session 1 11:15am-12:15pm SilverSneakers Classic 1-2pm Combined Tai Chi	14 9am-4pm Billiards* 9:30-10:15am Mat Pilates 12-1pm JPC Meal Program 1-2pm Wu 24: Part 1 3-4pm Sound Meditation	15 9am-4pm Billiards* 9:45-10:30am Low Impact Cardio Dance 10am Depart: Kah-Nee-Tah Overnight Trip 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg* 7-9pm Men's Group	16 9am-4pm Billiards* 9:30am Coffee & Conversations* 10am Crafts* 1-2pm Wu 24: Part 1 2-3:30pm Let's Talk: Families 6:30-7:30pm Zumba	17 9am-4pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12-1pm JPC Meal Program 1pm Return: Kah-Nee-Tah Overnight Trip 1-4pm Cards & Games* 7-9pm Line Dance	18 9-10am Zumba 10-11:30am Mindfulness for Every Day 10:15-11:15am Yoga for Veterans*
19	20 9am JPC Walking Group* 9am-4pm Billiards* 9:45-10:45am Gentle Somatic Yoga Session 2 11:15am-12:15pm SilverSneakers Classic 1-2pm Combined Tai Chi	21 9am-4pm Billiards* 9:30-10:15am Mat Pilates 12-1:30pm Lunch & Learn: The Psychology Behind the Life Story 12-1pm JPC Meal Program 1-2pm Wu 24: Part 1	22 9am-4pm Billiards* 9:45-10:30am Low Impact Cardio Dance 11:30am-3pm Day Trip: Vancouver Station Food Court 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg*	23 9am-4pm Billiards* 9:30am Coffee & Conversations* 1-2pm Wu 24: Part 1 6:30-7:30pm Zumba	24 9am-4pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12-1pm JPC Meal Program 1-4pm Cards & Games* 7-9pm Line Dance	25 9-10am Zumba 10-11:30am Mindfulness for Every Day 10:15-11:15am Yoga for Veterans*
26	27 9am JPC Walking Group* 9am-4pm Billiards* 9:45-10:45am Gentle Somatic Yoga Session 2 11:15am-12:15pm SilverSneakers Classic	28 8:45am-4pm AARP Driver Safety 9am-4pm Billiards* 9:30-10:15am Mat Pilates 12-1pm JPC Meal Program	29 9am-4pm Billiards* 9:45-10:30am Low Impact Cardio Dance 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg* 2-3pm JPC Book Club*	30 9am-4pm Billiards* 9:30am Coffee & Conversations* 6:30-7:30pm Zumba	31 9am-4pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12-1pm JPC Meal Program 1-4pm Cards & Games* 1:30pm Revisiting the Life Story 7-9pm Line Dance	August 1 9-10am Zumba 10-11:30am Mindfulness for Every Day 10:15-11:15am Yoga for Veterans*



JUNE 2026

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9am JPC Walking Group* 9am-4pm Billiards* 11:15am-12:15pm SilverSneakers Classic 1-2pm Combined Tai Chi	2 9am-4pm Billiards* 9:30-10:15am Mat Pilates 10:30-11:30am Bingo* 11am Community Convos: Aging in Place 12-1pm JPC Meal Program 1-2pm Wu 24: Part 1	3 9am-4pm Billiards* 9:45-10:30am Low Impact Cardio Dance—FREE 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg* 7-9pm Men's Group	4 9am-4pm Billiards* 9:30am Coffee & Conversations* 11am-12pm Bingo* 1-2pm Wu 24: Part 1 6:30-7:30pm Zumba	5 9am-4pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12-1pm JPC Meal Program 1-3:30pm Bunco 7-9pm Line Dance	6 CLOSED
7 9am JPC Walking Group* 9am-4pm Billiards* 11:15am-12:15pm SilverSneakers Classic 1-2pm Combined Tai Chi 1-2:30pm Washington County Caregiver Support Group	8 9am-4pm Billiards* 9:30-10:15am Mat Pilates 12-1pm JPC Meal Program 1-2pm Wu 24: Part 1	9 9am-4pm Billiards* 9:45-10:30am Low Impact Cardio Dance—FREE 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg*	10 9am-4pm Billiards* 9:30am Coffee & Conversations* 1-2pm Wu 24: Part 1 6:30-7:30pm Zumba	11 9am-4pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12-1pm JPC Meal Program 1-4pm Cards & Games* 7-9pm Line Dance	12 9-10am Zumba 9am-5pm Day Trip: Astoria Riverfront Trail & Trolley 10:15-11:15am Yoga for Veterans*	13
14 9am JPC Walking Group* 9am-4pm Billiards* 9:45-10:45am Gentle Somatic Yoga Session 1 11:15am-12:15pm SilverSneakers Classic 1-2pm Combined Tai Chi	15 9am-4pm Billiards* 9:30-10:15am Mat Pilates 12-1pm JPC Meal Program 12-1:30pm Lunch & Learn: Around the World on a Plate 1-2pm Wu 24: Part 1	16 9am-4pm Billiards* 9:45-10:30am Low Impact Cardio Dance 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg* 7-9pm Men's Group	17 9am-4pm Billiards* 9:30am Coffee & Conversations* 10am Crafts* 1-2pm Wu 24: Part 1 2-3:30pm Let's Talk: Moving 6:30-7:30pm Zumba	18 CLOSED	19 9-10am Zumba 10:15-11:15am Yoga for Veterans*	20
21 9am JPC Walking Group* 9am-4pm Billiards* 9:45-10:45am Gentle Somatic Yoga Session 1 11:15am-12:15pm SilverSneakers Classic 1-2pm Combined Tai Chi	22 9am-4pm Billiards* 9:30-10:15am Mat Pilates 12-1pm JPC Meal Program 1-2pm Wu 24: Part 1	23 9am-4pm Billiards* 9:45-10:30am Low Impact Cardio Dance 10:30am-1pm Day Trip: New Cascadia 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg* 2-3pm JPC Book Club*	24 9am-4pm Billiards* 9:30am Coffee & Conversations* 1-2pm Wu 24: Part 1 2-4pm Intro to Pickleball 6:30-7:30pm Zumba	25 9am-4pm Billiards* 10am-3:30pm AI Symposium 11:30am-12:30pm SilverSneakers Classic 12-1pm JPC Meal Program 1-4pm Cards & Games* 5:30-7:30pm Step-by-Step Acrylic Art 7-9pm Line Dance	26 9-10am Zumba 10:15-11:15am Yoga for Veterans*	27
28 9am JPC Walking Group* 9am-4pm Billiards* 9:45-10:45am Gentle Somatic Yoga Session 1 10am-3pm Day Trip: Urban Walk 11:15am-12:15pm SilverSneakers Classic 12-2pm Collette Travel Presentation 1-2pm Combined Tai Chi 6:30-8pm New Horizons Big Band Concert*	29 9am-4pm Billiards* 9:30-10:15am Mat Pilates 12-1pm JPC Meal Program 1-2pm Wu 24: Part 1	30				* Denotes drop-in activity