



MARCH 2026

8513 SW Tualatin Road
Tualatin, OR 97062
503.691.3061 | TualatinOregon.gov

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic	2 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic	3 8:30am-4:30pm Billiards* 9:30-10:15am Mat Pilates 10:30-11:30am Bingo* 12pm JPC Meal Program	4 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg*	5 8:30am-4:30pm Billiards* 9am Coffee & Conversations* 11am-12pm Bingo* 12-1:30pm Collette Travel Presentation* 6:30-7:30pm Zumba	6 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12pm JPC Meal Program 1-3pm Bunco 7-9pm Line Dance	7 9-10am Zumba 10-11:30am Mindfulness for Every Day 10:15-11:15am Yoga for Veterans*
8 8:30am-4:30pm Billiards* 9:45-10:45am Gentle Somatic Yoga 11:15am-12:15pm SilverSneakers Classic 12:50-2pm Combined 32 Tai Chi Form 1-2:30pm Wash. County Caregiver Support Group 2:15-3:15pm Bafa Wubu	9 8:30am-4:30pm Billiards* 8:45am-4pm AARP Driver Safety 9:30-10:15am Mat Pilates 12pm JPC Meal Program	10 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 11:30am-2:30pm Day Trip: Rudy's Pizzeria 12:30-3pm American Mah Jongg*	11 8:30am-4:30pm Billiards* 9am Coffee & Conversations* 12:50-2pm Combined 32 Tai Chi Form 2:15-3:15pm Bafa Wubu 6:30-7:30pm Zumba	12 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12pm JPC Meal Program 1-4 Cards & Games 7-9pm Line Dance	13 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12pm JPC Meal Program 1-4 Cards & Games 7-9pm Line Dance	14 9-10am Zumba 10-11:30am Mindfulness for Every Day 10:15-11:15am Yoga for Veterans*
15 8:30am-4:30pm Billiards* 9:45-10:45am Gentle Somatic Yoga 11:15am-12:15pm SilverSneakers Classic 12:50-2pm Combined 32 Tai Chi Form 2:15-3:15pm Bafa Wubu	16 8:30am-4:30pm Billiards* 9:30-10:15am Mat Pilates 12pm JPC Meal Program	17 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg*	18 8:30am-4:30pm Billiards* 9am Coffee & Conversations* 10am Crafts* 12:50-2pm Combined 32 Tai Chi Form 2-3:30pm Let's Talk: Decluttering 2:15-3:15pm Bafa Wubu 6:30-7:30pm Zumba	19 8:30am-4:30pm Billiards* 9-11am Art to Feed the Soul 11:15am-12:15pm SilverSneakers Classic 12pm JPC Meal Program 1-3pm Life Stories 1-4 Cards & Games 7-9pm Line Dance	20 8:30am-4:30pm Billiards* 9-11am Art to Feed the Soul 11:15am-12:15pm SilverSneakers Classic 12pm JPC Meal Program 1-3pm Life Stories 1-4 Cards & Games 7-9pm Line Dance	21 9-10am Zumba 10:15-11:15am Yoga for Veterans*
22 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12:50-2pm Combined 32 Tai Chi Form 2:15-3:15pm Bafa Wubu	23 8:30am-4:30pm Billiards* 9:30-10:15am Mat Pilates 12pm JPC Meal Program 6:30-7:30pm TRY-IT: Adult Cheer/Dance	24 8:30am-4:30pm Billiards* 11am-1:30pm Day Trip: Yokohama Skyline Eatery 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg* 2-3pm JPC Book Club*	25 8:30am-4:30pm Billiards* 9am Coffee & Conversations* 12:50-2pm Combined 32 Tai Chi Form 2:15-3:15pm Bafa Wubu 6:30-7:30pm Zumba	26 8:30am-4:30pm Billiards* 9-11am Art to Feed the Soul 11:15am-12:15pm SilverSneakers Classic 12pm JPC Meal Program 1-3pm Life Stories 1-4 Cards & Games 7-9pm Line Dance	27 8:30am-4:30pm Billiards* 9-11am Art to Feed the Soul 11:15am-12:15pm SilverSneakers Classic 12pm JPC Meal Program 1-3pm Life Stories 1-4 Cards & Games 7-9pm Line Dance	28 9-10am Zumba 10:15-11:15am Yoga for Veterans*
29 8:30am-4:30pm Billiards* 9:45-10:45am Gentle Somatic Yoga 11:15am-12:15pm SilverSneakers Classic 12:50-2pm Combined 32 Tai Chi Form 2:15-3:15pm Bafa Wubu	30 8:30am-4:30pm Billiards* 9:30-10:15am Mat Pilates 12pm JPC Meal Program 3:30-4:30pm Death Café	31				*Denotes drop-in activity



APRIL 2026

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:30am-2pm Day Trip: Portland Art Museum 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg*	2 9am Coffee & Conversations* 9:15-10:15am Nia—The Body's Way 11am-12pm Bingo* 12:50-2pm Combined 32 Tai Chi Form 2:15-3:15pm Bafa Wubu 6:30-7:30pm Zumba	3 9-11am Art to Feed the Soul 11:15am-12:15pm SilverSneakers Classic 12pm JPC Meal Program 1-3pm Bunco 1-3pm Life Stories 2:30-3:30pm Sound Meditation 7-9pm Line Dance	4 9-10am Zumba 10:15-11:15am Yoga for Veterans*
5 9am JPC Walking Group* 9:45-10:45am Gentle Somatic Yoga 11:15am-12:15pm SilverSneakers Classic 12:50-2pm Combined 32 Tai Chi Form 2:15-3:15pm Bafa Wubu	6 9:30-10:15am Mat Pilates 10:30-11:30am Bingo* 10:45-11:45am Strength & Stretch 12pm JPC Meal Program	7 10:30am-2:30pm Day Trip: Mox Boarding House 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg* 1-3pm Cards & Games*	8 9am Coffee & Conversations* 9:15-10:15am Nia—The Body's Way 12:50-2pm Combined 32 Tai Chi Form 2-3pm Earthwise Crew: Treetop Wildlife 2:15-3:15pm Bafa Wubu 6:30-7:30pm Zumba	9 9-11am Art to Feed the Soul 12pm JPC Meal Program 1-3pm Life Stories 1-4 Cards & Games 7-9pm Line Dance	10 9-10am Zumba 10:15-11:15am Yoga for Veterans*	11 9-10am Zumba 10:15-11:15am Yoga for Veterans*
12 9am JPC Walking Group* 11:15am-12:15pm SilverSneakers Classic 12:50-2pm Combined 32 Tai Chi Form 1-2:30pm Wash. County Caregiver Support Group 2:15-3:15pm Bafa Wubu	13 9:30-10:15am Mat Pilates 10:45-11:45am Strength & Stretch 12pm JPC Meal Program 6:30-7:30pm Adult Cheer/Dance	14 8:30-11:30am Day Trip: Brunch at Flattop & Salamander 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg*	15 9am Coffee & Conversations* 9:15-10:15am Nia—The Body's Way 10am Crafts* 12:50-2pm Combined 32 Tai Chi Form 2-3:30pm Let's Talk: Non-Death Losses 2:15-3:15pm Bafa Wubu 6:30-7:30pm Zumba	16 9-11am Art to Feed the Soul 12pm JPC Meal Program 1-3pm Life Stories 1-4 Cards & Games 7-9pm Line Dance	17 9-10am Zumba 10:15-11:15am Yoga for Veterans*	18 9-10am Zumba 10:15-11:15am Yoga for Veterans*
19 9am JPC Walking Group* 11:15am-12:15pm SilverSneakers Classic 12:50-2pm Combined 32 Tai Chi Form 2:15-3:15pm Bafa Wubu	20 9:30-10:15am Mat Pilates 10:45-11:45am Strength & Stretch 12pm JPC Meal Program 6:30-7:30pm Adult Cheer/Dance	21 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg*	22 9am Coffee & Conversations* 9:15-10:15am Nia—The Body's Way 12:50-2pm Combined 32 Tai Chi Form 2:15-3:15pm Bafa Wubu 6:30-7:30pm Zumba	23 9-11am Art to Feed the Soul 12pm JPC Meal Program 12:30pm Trivia with Doug 1-3pm Life Stories 1-4 Cards & Games 7-9pm Line Dance	24 9-10am Zumba 10:15-11:15am Yoga for Veterans*	25 9-10am Zumba 10:15-11:15am Yoga for Veterans*
26 9am JPC Walking Group* 9-10am Nordic Walking 11:15am-12:15pm SilverSneakers Classic 12:50-2pm Combined 32 Tai Chi Form 2:15-3:15pm Bafa Wubu	27 9:30-10:15am Mat Pilates 10:45-11:45am Strength & Stretch 12pm JPC Meal Program 6:30-7:30pm Adult Cheer/Dance	28 9am-12pm Day Trip: Tea & Chocolate Tasting 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg* 2-3pm JPC Book Club*	29 9am Coffee & Conversations* 9:15-10:15am Nia—The Body's Way 12:50-2pm Combined 32 Tai Chi Form 2:15-3:15pm Bafa Wubu 6:30-7:30pm Zumba	30		



MAY 2026

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 11am Art to Feed the Soul Artist Reception* 11:15am-12:15pm SilverSneakers Classic 12pm JPC Meal Program 1-3pm Bunco 1-4 Cards & Games 7-9pm Line Dance	2 9-10am Zumba 10:15-11:15am Yoga for Veterans*
3 9am JPC Walking Group* 9-10am Nordic Walking 11:15am-12:15pm SilverSneakers Classic 12:50-2pm Combined 32 Tai Chi Form 2:15-3:15pm Bafa Wubu	4	5 9:30-10:15am Mat Pilates 10:30-11:30am Bingo* 10:45-11:45am Strength & Stretch 12pm JPC Meal Program 6:30-7:30pm Adult Cheer/Dance	6 10am-1pm Day Trip: Portland Farmers Market 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg*	7 9am Coffee & Conversations* 9:15-10:15am Nia—The Body’s Way 11am-12pm Bingo* 12:50-2pm Combined 32 Tai Chi Form 2:15-3:15pm Bafa Wubu 6:30-7:30pm Zumba	8 12pm JPC Meal Program 5:30-7:30pm Step-by-Step Acrylic Art 1-4 Cards & Games 7-9pm Line Dance	9 9-10am Zumba 10:15-11:15am Yoga for Veterans*
10 9am JPC Walking Group* 11:15am-12:15pm SilverSneakers Classic 12:50-2pm Combined 32 Tai Chi Form 1-2:30pm Wash. County Caregiver Support Group 2:15-3:15pm Bafa Wubu	11	12 8:45am-4pm AARP Driver Safety 9:30-10:15am Mat Pilates 10:45-11:45am Strength & Stretch 12pm JPC Meal Program 6:30-7:30pm Adult Cheer/Dance	13 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg*	14 8:30am-4:30pm Day Trip: Camp 18 & Seaside 9am Coffee & Conversations* 9:15-10:15am Nia—The Body’s Way 12:50-2pm Combined 32 Tai Chi Form 2:15-3:15pm Bafa Wubu 6:30-7:30pm Zumba	15 11:15am-12:15pm SilverSneakers Classic 12pm JPC Meal Program 1-4 Cards & Games 7-9pm Line Dance	16 9-10am Zumba 10:15-11:15am Yoga for Veterans*
17 8:30am-4:30pm Billiards* 9am JPC Walking Group* 11:15am-12:15pm SilverSneakers Classic 12:50-2pm Combined 32 Tai Chi Form 2:15-3:15pm Bafa Wubu	18	19 8:30am-4:30pm Billiards* 9:30-10:15am Mat Pilates 10:45-11:45am Strength & Stretch 12pm JPC Meal Program 2-3pm JPC Book Club* 6:30-7:30pm Adult Cheer/Dance	20 Mental Wellness Fair 10-11am Talking with Your Prescriber 10:30am-12pm Resource Tables* 10:30-12pm Chair Yoga Mini Sessions* 11am-12pm Therapy Bunnies* 11:15am-12:15pm SilverSneakers Classic 11:30am-3pm Medication Reviews 12-1pm Living Well with Parkinson’s Disease 1:30-2:30pm Finding Calm in a Busy World	21 8:30am-4:30pm Billiards* 9am Coffee & Conversations* 9:15-10:15am Nia—The Body’s Way 10am Crafts* 12:50-2pm Combined 32 Tai Chi Form 2-3pm Let’s Talk: What Is on Your Mind? 2:15-3:15pm Bafa Wubu 6:30-7:30pm Zumba	22 8:30am-4:30pm Billiards* 10am-4:30pm Billiard Tournament 11:15am-12:15pm SilverSneakers Classic 12pm JPC Meal Program 1-4 Cards & Games 7-9pm Line Dance	23 9-10am Zumba 10:15-11:15am Yoga for Veterans*
24 CLOSED	25	26 8:30am-4:30pm Billiards* 9:30-10:15am Mat Pilates 12pm JPC Meal Program	27 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg*	28 8:30am-4:30pm Billiards* 9am Coffee & Conversations* 6:30-7:30pm Zumba	29 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12pm JPC Meal Program 1-4 Cards & Games 7-9pm Line Dance	30 9-10am Zumba 10:15-11:15am Yoga for Veterans*