



DECEMBER 2025

8513 SW Tualatin Road
Tualatin, OR 97062
503.691.3061 | TualatinOregon.gov

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 8:30am-4:30pm Billiards* 9:45-10:45am Gentle Somatic Yoga: Session 1 11:15am-12:15pm SilverSneakers Classic 1-2pm Tai Chi Yang 40: Refine & Consolidate 2:15-3:15pm Tai Chi Sun 24: Refine & Consolidate	2 8:30am-4:30pm Billiards* 11am Community Convos: Your Body of Work 12pm JPC Meal Program 1:35-2:30pm Qigong Strong	3 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg*	4 8:30am-4:30pm Billiards* 9am Coffee & Conversations* 11am Bingo* 1-2pm Tai Chi Yang 40: Refine & Consolidate 2:15-3:15pm Tai Chi Sun 24: Refine & Consolidate 6:30-7:30pm Zumba*	5 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12pm JPC Meal Program 1pm Bunco* 2:30-3:30pm Sound Meditation 7-9pm Line Dance	6 8:30am Overnight Trip: Shore Acres Departs 9-10am Zumba* 10-11:30am The Power of Mindfulness 10:15-11:15am Yoga for Veterans*
7 2:30pm Overnight Trip: Shore Acres Returns	8 8:30am-4:30pm Billiards* 9:45-10:45am Gentle Somatic Yoga: Session 1 11:15am-12:15pm SilverSneakers Classic 1-2pm Tai Chi Yang 40: Refine & Consolidate 2:15-3:15pm Tai Chi Sun 24: Refine & Consolidate	9 8:30am-4:30pm Billiards* 9:30-10:15am Mat Pilates Try It Class 10:45-11:45am Strength & Stretch 12pm JPC Meal Program 1:35-2:30pm Qigong Strong 3:30-8pm Day Trip: Sippin' Santa on Sixth	10 8:30am-4:30pm Billiards* 9-11am Ask A Veteran Service Officer 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg* 1-4:30pm Cards/Games with LAM Research*	11 8:30am-4:30pm Billiards* 9am Coffee & Conversations* 9-10:30am AARP SDTek 1-2pm Tai Chi Yang 40: Refine & Consolidate 2:15-3:15pm Tai Chi Sun 24: Refine & Consolidate 6:30-7:30pm Zumba*	12 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12pm JPC Meal Program 1pm Earthwise Crew: From Machu Picchu to the Mighty Amazon 7-9pm Line Dance	13 9-10am Zumba* 10:15-11:15am Yoga for Veterans*
14	15 8:30am-4:30pm Billiards* 9:45-10:45am Gentle Somatic Yoga: Session 1 11:15am-12:15pm SilverSneakers Classic 1-2pm Tai Chi Yang 40: Refine & Consolidate 2:15-3:15pm Tai Chi Sun 24: Refine & Consolidate 7-8:30pm New Horizons Big Band Holiday Concert	16 8:30am-4:30pm Billiards* 10:45-11:45am Strength & Stretch 12pm JPC Meal Program 12-1:30pm Lunch & Learn: Not Your Mother's Spring Cleaning 1-4:3pm Gift Wrapping 1:35-2:30pm Qigong Strong	17 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg* 2-3pm JPC Book Club	18 8:30am-4:30pm Billiards* 9am Coffee & Conversations* 10am Crafts* 11am-2:30pm Day Trip: Big Hey Hot Pot 1-2pm Tai Chi Yang 40: Refine & Consolidate 2:15-3:15pm Tai Chi Sun 24: Refine & Consolidate 6:30-7:30pm Zumba*	19 8:30am-4:30pm Billiards* 10:30am-12pm Connections Planning 11:15am-12:15pm SilverSneakers Classic 12pm JPC Meal Program 7-9pm Line Dance	20 9-10am Zumba* 10:15-11:15am Yoga for Veterans*
21	22 8:30am-4:30pm Billiards* 9:45-10:45am Gentle Somatic Yoga: Session 1 11:15am-12:15pm SilverSneakers Classic 1-2pm Tai Chi Yang 40: Refine & Consolidate 2:15-3:15pm Tai Chi Sun 24: Refine & Consolidate	23 8:30am-4:30pm Billiards* 10:45-11:45am Strength & Stretch 12pm JPC Meal Program	24 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg*	25 CLOSED	26 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12pm JPC Meal Program 12:30pm Trivia with Doug 7-9pm Line Dance	27 9-10am Zumba*
28	29 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 1-2pm Tai Chi Yang 40: Refine & Consolidate 2:15-3:15pm Tai Chi Sun 24: Refine & Consolidate	30 8:30am-4:30pm Billiards* 12pm JPC Meal Program	31 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg*			



JANUARY 2026

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 CLOSED	2 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12pm JPC Meal Program 1pm Bunco* 7-9pm Line Dance	3 9-10am Zumba 9:30-11:30am Step-by-Step Acrylic Art 10:15-11:15am Yoga for Veterans*
4	5 8:30am-4:30pm Billiards* 9:45-10:45am Gentle Somatic Yoga: Session 2 11:15am-12:15pm SilverSneakers Classic 1-2pm Tai Chi Yang 40: Refine & Consolidate 2:15-3:15pm Tai Chi Sun 24: Refine & Consolidate	6 8:30am-4:30pm Billiards* 9:30-10:15am Mat Pilates 10:45-11:45am Strength & Stretch 11am Community Convos: Memory Palooza! 12pm JPC Meal Program 1:35-2:30pm Qigong Strong	7 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg* 2-3pm Earthwise Crew: BE READY: Winter Storms	8 8:30am-4:30pm Billiards* 9am Coffee & Conversations* 11am Bingo* 1-2pm Tai Chi Yang 40: Refine & Consolidate 2:15-3:15pm Tai Chi Sun 24: Refine & Consolidate 6:30-7:30pm Zumba	9 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12pm JPC Meal Program 7-9pm Line Dance	10 9-10am Zumba 10-11:30am Mindfulness for Every Day 10:15-11:15am Yoga for Veterans*
11	12 8:30am-4:30pm Billiards* 9:45-10:45am Gentle Somatic Yoga: Session 2 11:15am-12:15pm SilverSneakers Classic 1-2pm Tai Chi Yang 40: Refine & Consolidate 2:15-3:15pm Tai Chi Sun 24: Refine & Consolidate	13 8:30am-4:30pm Billiards* 8:45am-4pm AARP Driver Safety 9:30-10:15am Mat Pilates 10:45-11:45am Strength & Stretch 12pm JPC Meal Program 1:35-2:30pm Qigong Strong	14 8:30am-4:30pm Billiards* 9-11:30am Day Trip: Orange & Blossom Patisserie 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg* 1-4:30pm Cards/Games with LAM Research*	15 8:30am-4:30pm Billiards* 9am Coffee & Conversations* 9:15-10:15am Nia 10am Crafts* 1-2pm Tai Chi Yang 40: Refine & Consolidate 2-3:30pm Let's Talk: New Wisdom, Life Lessons 2:15-3:15pm Tai Chi Sun 24: Refine & Consolidate 6:30-7:30pm Zumba	16 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12pm JPC Meal Program 7-9pm Line Dance	17 9-10am Zumba 10-11:30am Mindfulness for Every Day 10:15-11:15am Yoga for Veterans*
18 CLOSED	19 CLOSED	20 8:30am-4:30pm Billiards* 9:30-10:15am Mat Pilates 10:45-11:45am Strength & Stretch 12pm JPC Meal Program 12-1:30pm Lunch & Learn: Senior Living Care Levels 1:35-2:30pm Qigong Strong	21 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg*	22 8:30am-4:30pm Billiards* 9am Coffee & Conversations* 9:15-10:15am Nia 1-2pm Tai Chi Yang 40: Refine & Consolidate 2:15-3:15pm Tai Chi Sun 24: Refine & Consolidate 6:30-7:30pm Zumba	23 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12pm JPC Meal Program 7-9pm Line Dance	24 9-10am Zumba 10-11:30am Mindfulness for Every Day 10:15-11:15am Yoga for Veterans*
25	26 8:30am-4:30pm Billiards* 9:45-10:45am Gentle Somatic Yoga: Session 2 11am-3pm Day Trip: Wonderwood Mini Golf 11:15am-12:15pm SilverSneakers Classic 1-2pm Tai Chi Yang 40: Refine & Consolidate 2:15-3:15pm Tai Chi Sun 24: Refine & Consolidate	27 8:30am-4:30pm Billiards* 9:30-10:15am Mat Pilates 10:45-11:45am Strength & Stretch 12pm JPC Meal Program 1:35-2:30pm Qigong Strong	28 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg* 1-4:30pm Cards/Games* 2-3pm JPC Book Club	29 8:30am-4:30pm Billiards* 9am Coffee & Conversations* 9:15-10:15am Nia 1-2pm Tai Chi Yang 40: Refine & Consolidate 2:15-3:15pm Tai Chi Sun 24: Refine & Consolidate 6:30-7:30pm Zumba	30 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12pm JPC Meal Program 7-9pm Line Dance	31 9-10am Zumba 10-11:30am Mindfulness for Every Day 10:15-11:15am Yoga for Veterans*



FEBRUARY 2026

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	8:30am-4:30pm Billiards* 9:45-10:45am Gentle Somatic Yoga: Session 2 11:15am-12:15pm SilverSneakers Classic 1-2pm Tai Chi Yang 40: Refine & Consolidate 2:15-3:15pm Tai Chi Sun 24: Refine & Consolidate	8:30am-4:30pm Billiards* 9-10:30am AARP SDTek 9:30-10:15am Mat Pilates 10:45-11:45am Strength & Stretch 11am Community Convos: Aging in Place 12pm JPC Meal Program 1:35-2:30pm Qigong Strong	8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg*	8:30am-4:30pm Billiards* 9am Coffee & Conversations* 9:15-10:15am Nia 11am Bingo* 1-2pm Tai Chi Yang 40: Refine & Consolidate 2:15-3:15pm Tai Chi Sun 24: Refine & Consolidate 6:30-7:30pm Zumba	8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12pm JPC Meal Program 1pm Bunco* 2:30-3:30pm Sound Meditation 7-9pm Line Dance	9-10am Zumba 10-11:30am Mindfulness for Every Day 10:15-11:15am Yoga for Veterans* 5:30-9:30pm Day Trip: Portland Winter Lights Fest
8	9	10	11	12	13	14
	8:30am-4:30pm Billiards* 9:45-10:45am Gentle Somatic Yoga: Session 2 11:15am-12:15pm SilverSneakers Classic 1-2pm Tai Chi Yang 40: Refine & Consolidate 2:15-3:15pm Tai Chi Sun 24: Refine & Consolidate	8:30am-4:30pm Billiards* 9:30-10:15am Mat Pilates 10:30-11:30am Bingo* 10:45-11:45am Strength & Stretch 12pm JPC Meal Program 1:35-2:30pm Qigong Strong	8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg* 1-4:30pm Cards/Games with LAM Research	8:30am-4:30pm Billiards* 9am Coffee & Conversations* 9:15-10:15am Nia 1-2pm Tai Chi Yang 40: Refine & Consolidate 1:45-4:30pm Day Trip: Franz Bakery Tour 2:15-3:15pm Tai Chi Sun 24: Refine & Consolidate 6:30-7:30pm Zumba	8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12pm JPC Meal Program 1pm Earthwise Crew: Recycling Modernization Act: Improvements to Our System 7-9pm Line Dance	9-10am Zumba 10-11:30am Mindfulness for Every Day 10:15-11:15am Yoga for Veterans*
15	16	17	18	19	20	21
CLOSED		8:30am-4:30pm Billiards* 9:30-10:15am Mat Pilates 12pm JPC Meal Program 12-1:30pm Lunch & Learn: Research 101 1:35-2:30pm Qigong Strong	8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg*	8:30am-4:30pm Billiards* 9am Coffee & Conversations* 9:15-10:15am Nia 10am Crafts* 1-2pm Tai Chi Yang 40: Refine & Consolidate 2-3:30pm Let's Talk: Friendship as We Age 2:15-3:15pm Tai Chi Sun 24: Refine & Consolidate 6:30-7:30pm Zumba	8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12pm JPC Meal Program 12-4:30pm Billiard Tournament 7-9pm Line Dance	9-10am Zumba 10-11:30am Mindfulness for Every Day 10:15-11:15am Yoga for Veterans*
22	23	24	25	26	27	28
	8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 1-2pm Tai Chi Yang 40: Refine & Consolidate 2:15-3:15pm Tai Chi Sun 24: Refine & Consolidate	8:30am-4:30pm Billiards* 9:30-10:15am Mat Pilates 12pm JPC Meal Program 1:35-2:30pm Qigong Strong	8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg*	8:30am-4:30pm Billiards* 9am Coffee & Conversations* 9:15-10:15am Nia 1-2pm Tai Chi Yang 40: Refine & Consolidate 2:15-3:15pm Tai Chi Sun 24: Refine & Consolidate 6:30-7:30pm Zumba	8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12pm JPC Meal Program 12:30pm Trivia with Doug 7-9pm Line Dance	9-10am Zumba 10-11:30am Mindfulness for Every Day 10:15-11:15am Yoga for Veterans*