

30 Days 30 Ways

Family Emergency Preparedness

Water

Having an ample supply of clean water is a top priority in an emergency. A normally active person needs to drink at least two quarts (half gallon) of water each day. People in hot environments, children, nursing mothers, and ill people will require even more. You will also need water for food preparation and hygiene. Experts recommend we plan for least **one gallon per person, per day**. Storing a sufficient amount of water for a family can be challenging. I keep 3 cases of water on hand for my family of 3. I will rely on a portable water filter to supply the balance of water needed for my family.



Filters can range in price from \$10 to well over a \$100. Do some research to find the one that will best meet the needs of your family



Boiling or chlorination will kill most microorganisms but will not remove other contaminants such as heavy metals, salts, and most other chemicals. If you choose to treat water using these methods be sure to research the process thoroughly.