

2015

WINTER

ARTS & CULTURE // LIBRARY // PARKS // RECREATION
JUANITA POHL CENTER // HERITAGE CENTER

EXPERIENCE TUALATIN

**SNOW BALL DADDY
DAUGHTER DANCE P.5**

**NEW! OUTDOOR
ADVENTURE TRIPS P.7**

**NW Children's
Theatre Kid's Co.
returns to the
Tualatin Public
Library P.12**

PHOTO: DAVID KINDER

TOP 10 Things TO DO — THIS Winter P.23



GENERAL INFORMATION



TUALATIN PUBLIC LIBRARY

18878 SW Martinazzi Ave.
503.691.3074

Mon–Thu 10am–9pm
Fri–Sat 10am–6pm
Sun 1–6pm

www.tualatinoregon.gov/library

JUANITA POHL CENTER

8513 SW Tualatin Rd.
503.691.3061

Mon–Fri 8am–5pm
Sat/Sun Rentals

www.tualatinoregon.gov/recreation/juanita-pohl-center

TUALATIN HERITAGE CENTER

8700 SW Sweek Dr.
503.885.1926

Mon–Fri 10am–2pm

www.tualatinhistoricalsociety.org

VAN RADEN COMMUNITY CENTER

8511 SW Tualatin Rd.
503.691.3082

www.tualatinoregon.gov/recreation

*The Van Raden Center is only open during scheduled programs

FACILITY RENTALS

The City of Tualatin is your source for hosting celebrations and outings for any occasion. With over four different reservation locations — from meeting spaces to party spots — our indoor and outdoor spaces will help make your event extra special. City of Tualatin facilities offer unique amenities and customized packages to meet your needs. Call 503.691.3061 for more information.

Centrally located in Tualatin, the Juanita Pohl Center includes a classroom and dining rooms available for reservation. The two dining rooms can be combined to accommodate large groups and features a kitchen. For rates and accommodations, call 503.691.3061.

For intimate gatherings, the Tualatin Heritage Center includes a multipurpose room that is available for reservation. For rates and accommodations, call 503.885.1926.



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OTHER FACILITIES AVAILABLE FOR RENTALS:

Tualatin Library Community Room & Browns Ferry Community Center



SHELTER RESERVATIONS

The City of Tualatin has four park shelters at Tualatin Community Park available to reserve for outdoor parties, corporate picnics, family gatherings, weddings, and more. Fees are based on four hour time blocks. For rates and amenities, call 503.691.3061.

- Main Shelter (capacity 75-150)
- Rustic Shelter (capacity 60)
- Trestle Shelter (capacity 48)
- Patio Shelter (capacity 40)

2016 shelter reservations open on January 1st!

HOW TO REGISTER

ONLINE

Recreation Programs

tualatinoregon.gov/recreation

We're pleased to announce that the City of Tualatin's new and improved online registration system is now live! Online registration for recreation programs for children, teens, adults, and active older adults will now be even quicker and easier. Beginning August 15, individuals and families will have the ability to edit and save individual preferences, print receipts, and manage your account online.

Tualatin Public Library Programs

tualatinoregon.gov/library

For information or to register for library programs online, visit the website above, then click on "News and Events" and "Library Calendar."

IN PERSON/BY PHONE

Recreation Programs

Recreation programs for children, teens, adults and older adults: Register in person at the Juanita Pohl Center, located inside Tualatin Community Park at 8513 SW Tualatin Rd., or call us at 503.691.3061.

Tualatin Public Library Programs

Register in person at the Library during regular operating hours at 18878 SW Martinazzi Ave., or call 503.691.3074.

Tualatin Heritage Center Programs

Visit the Tualatin Heritage Center during regular operating hours at 8700 SW Sweek Dr., or call 503.885.1926.

CANCELLATIONS

Programs are subject to cancellation due to weather, low enrollment, or other reasons outside of our control. If you are enrolled in a program that cancels, you will be notified and receive a full refund.

REFUNDS

It is our policy to refund 100% of program fees if your withdrawal notice is given 7 or more days before the start date of the program. A 50% refund will be given if withdrawal notice is given less than 7 days before the start date of the program. Program fees are not refunded for withdrawals less than 24 hours before the start of the program.



ACCOMMODATIONS

To request an accommodation and/or modification of policies and procedures in order to access and benefit from a City program, service, or activity, please submit a request for reasonable accommodation to Rich Mueller rmueller@ci.tualatin.or.us. The request for reasonable accommodation must be submitted at least ten business days before the scheduled event. If a request is submitted less than ten business days before the event, the City will still make reasonable efforts to fulfill the request. A Request for Reasonable Accommodation Form is available by calling 503.691.3061.

INFORMATION PURPOSES

This program schedule is published for information purposes only. The Community Services Department reserves the right to make any changes in the content and provisions of the program schedule without notice.

COMMUNITY EVENTS



STARRY NIGHTS AND HOLIDAY LIGHTS

Please join us as we kick off the holidays with the Starry Nights and Holiday Lights celebration. Come be a part of a special night filled with thousands of twinkling lights, hundreds of song-filled voices, and the lighting of the floating holiday tree. This free family event is possible thanks to our major sponsor Comcast and will include music from our local youth choirs, the tree lighting, crafts, a visit from Santa, hot cocoa from Starbucks, and cookies from New Seasons Market. For more information on this exciting event, please visit our website at www.tualatinoregon.gov.

Tualatin Lake of the Commons

8325 SW Nyberg St.

Fri 12/4

5-8:30pm Schedule of events are subject to change.



- 5:00 Tualatin High School Brass Ensemble
- 5:30 Tualatin High School Crimsonnaires
- 6:00 **Countdown to tree lighting & Santa arrives**
- 6:15 Magic Years Preschool and Reaching New Heights Kindergarten Choir
- 6:35 Tualatin Elementary Choir
- 6:55 Bridgeport Elementary Holiday Choir
- 7:15 Byrom Elementary Choir
- 7:35 Hazelbrook Middle School Choir
- 7:55 Twality Middle School Treble Choir

SNOW BALL DADDY DAUGHTER DANCE

Juanita Pohl Center

8513 SW Tualatin Rd.

Fri 2/19, or Sat 2/20 6:30-8:30pm

Ages 3 & up

\$30 per couple, \$10 each additional daughter

Dads, treat your daughters to a special night out! Dance the night away and enjoy fancy desserts, sparkling decorations, and a souvenir keepsake photo. Register early, as space is limited to the first 50 couples each night. Register online: www.tualatinoregon.com.



COMMUNITY EVENTS

CELEBRATE THE SEASON WITH THE TUALATIN PUBLIC LIBRARY

TREE TRIMMING

Kindergarten - Grade 3

We'll provide the glitter, sparkles, paper, and all the trimmings you need to make festive or funky holiday ornaments. Pre-registration is required.

www.tualatinoregon.gov/library

Library Community Room

Wed 12/2 4pm

Free

NW DANCE THEATER PRESENTS A NUTCRACKER TEA

All Ages

A Nutcracker Tea is an abridged, family-friendly adaptation of the Nutcracker ballet for ages 4 and up. The classic story of Clara and the Nutcracker Prince is told with beautiful music, colorful costumes, and delightful dancing.

Library Hearth Area

Sun 12/6 2pm

Free



NW CHILDREN'S THEATRE KID'S CO. PRESENTS HOLIDAY SCHOOL

All Ages

Let the children walk you through their favorite season highlighted by dance, costumes and live music. Kid's Company NW, or 'Kid's Co.' as it's often called, is NWCT's ambassador group to the community. Talented young performers take original musical reviews to festivals, events, retirement homes, schools and more.

Library Hearth Area

Wed 12/9 7pm

Free

TUALATIN DANCE CENTER HOLIDAY PERFORMANCE

All Ages

Tualatin Dance Center dancers strive to become familiar with all aspects of dance including choreography, staging and performing. Join us for a special seasonal dance performance and stick around after to do a seasonal craft project with the dancers.

Tualatin Library Hearth Area

Sat 12/12 2pm

Free

BELLS OF THE CASCADES HOLIDAY RINGERS

All Ages

Ring in the holiday season with us! The group will perform a wide range of handbell music, including secular, sacred and popular pieces.

Library Hearth Area

Mon 12/14 7pm

Free



New! OUTDOOR ADVENTURE TRIPS

Mt. Hood Snowshoeing Trip

Ages 16 & up

Sat 1/23, 3/12

9am-5:30pm

\$73 res/\$92 non-res

Mt. Hood Cross Country Skiing Trip

Ages 16 & up

Sat 2/20

9am-5:30pm

\$73 res/\$92 non-res

Come on a winter adventure up to Mt Hood for a beginner level day of snowshoeing/cross-country skiing. Adventures Without Limits staff will provide all the clothing that you need, like warm layers, winter boots and outerwear - if you don't have them already. All trips depart from the Juanita Pohl Center.



KIDS & TEENS

BEGINNER SQUARE DANCING

Ages 8-12 with parent or adult, or ages 13+

Square Dancing is a great way to get your body moving, challenge your mind, relieve stress, and meet new and friendly people. In this class you will learn the basic square dance calls that will put you on your way to enjoying a lifelong hobby. Class dress is casual, please wear comfortable shoes. Partners are not necessary.

Van Raden Community Center

Session 1: Mon 11/2-11/30 6:30-8:30pm

Session 2: Mon 12/7-12/28 6:30-8:30pm

Session 3: Mon 1/4-1/2 6:30-8:30pm

Session 4: Mon 2/1-2/29 6:30-8:30pm

\$5 per class, \$15 per class for the entire family



PARENTS' NIGHT OUT

Ages 5-10

It's a pajama party! Wear your pj's, bring a pillow and blanket, and come out for a movie night! We'll have fun crafts to make, plus we'll also play games and eat a pizza dinner. Minimum 7 participants.

Van Raden Community Center

Sat 12/5, 1/8, 2/5 5:30-10pm

\$15 first child/ \$12 each additional sibling

EVERGREEN WINGS AND WAVES TRIP

Grades 6-12

Splash around at everyone's favorite indoor waterpark! Bring a swimsuit, towel, and lunch (or money to purchase food at the waterpark).

Van Raden Community Center

Sat 1/16 10am-5pm

\$40 res/\$50 non-res

FAMILY FUN NIGHT

All Ages Welcome

Bring the kids or grandkids and watch a family-friendly movie, play board games, cards, or ping-pong! Pizza will be served. Pre-registration is required.

Juanita Pohl Center

Fri 12/4, 1/7, 2/4 6-8pm

\$2.00 per person



TUALATIN YOUTH ADVISORY COUNCIL

The Tualatin Youth Advisory Council (YAC) is a group of middle and high-school students who work together to make the City of Tualatin a better place for youth. This winter, YAC members will be working on updating curriculum for Project FRIENDS, a day-long, anti-bullying workshop for Tualatin's 5th graders.

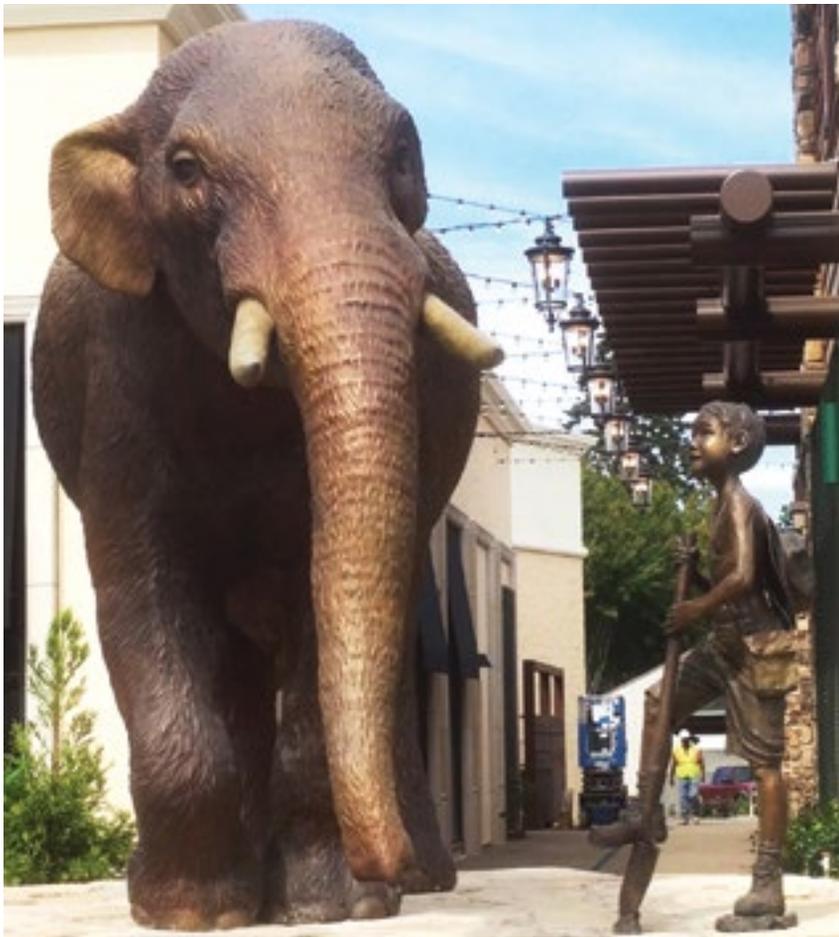
This year will be the 8th time that the YAC has presented the popular program. Each year, new members work together to research current anti-bullying best practices and update the curriculum accordingly. A lot of time goes into the planning for this event. Planning for the spring event begins in December, with members spending between 10 to 20 hours each on the project.

All of this hard work is for a good cause. The goal of the workshop is to help Tualatin's 5th grade students recognize and respond to bullying, both at school and online. YAC members help to build upon the schools' existing anti-bullying messages. Younger students appreciate a more peer-focused discussion on the issues of bullying, stereotyping, and relationship building. It's one small step towards helping our community become an even better place for all youth to thrive.

DID YOU KNOW?
Last year, the Tualatin Youth Advisory Council members contributed 1,600 hours of service!

The YAC brings great youth-oriented events to the City, including the annual Haunted House and Teen Kaleidoscope Run. YAC members fundraise all year in order to send members to the National League of Cities (NLC) annual conference. This year the YAC hopes to send members to Washington DC for the NLC Congressional Cities Conference in March.





CONSTRUCTION CONTINUES ON NEW TUALATIN RIVER GREENWAY TRAIL

Get your sneakers dusted off and pump up your bike tires, the City of Tualatin is about to have a brand new way to get across town! Construction on a new $\frac{3}{4}$ mile section of the Tualatin River Greenway Trail began this summer, and is on track for completion this winter. While the new section is relatively short, it is the final missing piece to a 4.5 mile trail connecting Browns Ferry Park with Cook Park in Tigard.

This won't be just any section of trail, however. Picture a ten to twelve foot wide bicycle and walking path meandering through trees, near the river, dotted with interesting features about Tualatin's natural and cultural history, including ancient

animal footprints and interpretive panels. In fact, walkers and bicyclists will even be able to "travel through time" while on the trail!

The interpretive and educational components are a part of the trail "To help people understand where they live better — there's environmental education, there's appreciation of place. When you understand things more, you can appreciate what has been protected and have stronger ownership of it," says Paul Hennon, Community Services Director. "That kind of thing ultimately leads to somewhat of an identity in a community and a sense of pride in community and support."

In addition to being a beautiful and educational new community amenity, the Tualatin River Greenway Trail will provide a safe and comfortable alternative for people who want to cross I-5 by foot

or by bike. With no on-street crossings, the wide, well-lit trail will minimize the potential for user conflicts and crashes. People on both sides of I-5 will soon have a safe, convenient new way to access jobs, services, retail, bus and train transit, and public facilities.

Look for updates and additional information regarding the Tualatin River Greenway by visiting our website at www.tualatinoregon.gov. We'll see you on the trail!

DID YOU KNOW?

Over 67,000 people live within three miles of this trail. This new trail section will link these residents to key destinations on an attractive riverside trail, making walking and bicycling convenient and accessible.



HAPPY 15TH BIRTHDAY JURGENS PARK!

Located on the Tualatin River just north of Hazelbrook Road, Jurgens Park is a beautiful 12.5 acre park that has a little something for everyone including a lawn area, wildlife viewing area, walking paths, picnic shelters, playgrounds, sports fields, tennis and basketball courts, restrooms and a drinking fountain. The Jurgens Park Grand Opening and Dedication was held 15 years ago in September of 2000, making Jurgens the youngest park in Tualatin.

In the 1860's William and Rosa Jurgens operated a potato farm on part of the area that now comprises the park. In the 1930's and 1940's William and Rosa's descendent, John Jurgens, operated one of six Tualatin River Parks just downstream from the current park site. The actual Jurgens River Park was located near the present Tualatin Country Club.

In addition to naming the park after the Jurgens family, the park's playground is a reflection of the area's farming history. Kids can "dig for vegetables" in the sand play area while the pig sculpture rules the barnyard. Other features include a small shelter, swings, a tipped wagon, a covered bridge and a rope play structure. As a nod to the nearby Tualatin River, the playground also includes a stream of water that trickles through the sand, providing countless hours of enjoyment.

The next time you are in Jurgens Park, remember to wish it a hearty "Happy Birthday" and enjoy part of our parkland legacy.



TUALATIN PUBLIC LIBRARY

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18878 SW Martinazzi Ave.

503.691.3074

www.tualatinoregon.gov/library

NW CHILDREN'S THEATRE KID'S CO. PRESENTS HOLIDAY SCHOOL

All Ages

Let the children walk you through their favorite season highlighted by dance, costumes and live music. Kid's Company NW, or 'Kid's Co.' as it's often called, is NWCT's ambassador group to the community. Talented young performers take original musical reviews to festivals, events, retirement homes, schools and more.

Library Hearth Area

Wed 12/9 7pm

Free

STAR WARS CRAFTICON

All Ages

Make your own TIE Fighter, Yoda puppet and light saber.

Library Community Room

Mon 12/21 2-4pm

Free

STAR WARS TRIVIA BATTLE AND COSTUME CONTEST

All Ages

Test your Star Wars knowledge against other Star Wars enthusiasts. Dress as your favorite Star Wars character. Prizes for battle winners and best costumes

Library Community Room

Tue 12/22 2-4pm

Free

LEGO STAR WARS

All Ages

LEGO Jedi Blair Archer will share some special Star Wars LEGO projects, and help Star Wars and LEGO enthusiasts star their own awesome Star Wars builds.

Library Community Room

Weds 12/23 2-4pm

Free

NW DANCE THEATER PRESENTS A NUTCRACKER TEA

All Ages

A Nutcracker Tea is an abridged, family-friendly adaptation of the Nutcracker ballet for ages 4 and up. The classic story of Clara and the Nutcracker Prince is told with beautiful music, colorful costumes, and delightful dancing.

Library Hearth Area

Sun 12/6 2pm

Free

BELLS OF THE CASCADES HOLIDAY RINGERS

All Ages

Ring in the holiday season with us! The group will perform a wide range of handbell music, including secular, sacred and popular pieces.

Library Hearth Area

Mon 12/14 7pm

Free

CRAFTERNOON

Grades K-3

Get creative at the library. All materials provided. Pre-registration is required.

www.tualatinoregon.gov/library

Library Community Room

Weds 12/2, 1/6, 2/3 4-5pm

Free





LEGO CLUB

Grades 1-6

Each month Master Builder Mr. Blair will show kids how to make amazing LEGO creations. We'll have all the LEGOs on hand for kids to participate. Pre-registration is required.

www.tualatinoregon.gov/library

Library Community Room

Weds 12/9, 1/13, 2/10 4-5:30pm

Free



TUALATIN DANCE CENTER HOLIDAY PERFORMANCE

All Ages

Tualatin Dance Center dancers strive to become familiar with all aspects of dance including choreography, staging and performing. Join us for a special seasonal dance performance and stick around after to do a seasonal craft project with the dancers.

Tualatin Library Hearth Area

Sat 12/12 2pm

Free

OREGON BATTLE OF THE BOOKS CLUB

Grades 3-5

Want to compete in the Oregon Battle of the Books? Or just want to talk about great books with your friends? Then sign up for this monthly book club. Each person who registers will receive a free copy of two OBOB books. Pre-registration is required.

www.tualatinoregon.gov/library

Library Community Room

Weds 12/16, 1/20, 2/17 4-5pm

Free

ENGINEERING ADVENTURES

Grades 3-5

Make robots, experiment with circuits, build vehicles ... get ready to tinker with engineering at the library! Pre-registration is required.

www.tualatinoregon.gov/library

Weds 1/27, 2/24 4-5:30pm

Library Community Room

Free

CARTOON AFTERNOON

All Ages

Enjoy popcorn and an animated feature! Pre-registration is required.

www.tualatinoregon.gov/library

Weds 12/30 4-5:30pm

Library Community Room

Free

VALENTINE'S DAY LOVE FEST

Ages 0 - 8

Bring your little people to this Valentine's Day celebration where we'll make crafts and play games.

Sat 2/13

11am-12pm

Library Community Room

Free

TUALATIN PUBLIC LIBRARY

STORYTIMES ON HOLIDAY

Storytimes will take a holiday break from Monday, December 21 through Saturday, January 2. We will return with stories, rhymes, songs and good times on Monday, January 4.

TODDLER TIME

Ages 18 months - 3 years
Library Community Room
Mon 10am
(except 12/21 & 12/28)
Free

BOOK BABIES

Ages 0-18 months
Library Community Room
Mon 11am
(except 12/21 & 12/28)
Free

FAMILY STORYTIME

All Ages
Library Community Room
Tue 10am
(except 12/22 & 12/29)
Free

PRESCHOOL STORYTIME

Ages 3-6 years
Library Community Room
Thurs 1pm
(except 12/24 & 12/31)
Free

BILINGUAL FAMILY STORYTIME

All Ages
Library Community Room
Sat 11am
(except 12/26 & 1/2)
Free

WIIU OR XBOX1

Grades 6-12
Games. Fun. We have this and more every weekend in the library.
Library Teen Room
Sat & Sun 1-5pm
Free



FRIDAY NIGHT MOVIES

Grades 6-12
We'll have different movies every Friday night for you to choose from. Suggestions? Email Aimee at ameuchel@ci.tualatin.or.us.
Library Teen Room
Fri 6-8:30pm
Free

MAKE IT@YOUR LIBRARY

Grades 6-12
Kickstart your creativity with our monthly Pop-up MakerSpace. Start with our monthly project or use supplies on hand to make your own project.
Library Teen Room
Tue 12/8, 1/12, 2/9 4-6pm
Free

ANIMANGA

Grades 6-12
Love anime? Manga too? Join us for an afternoon of Japanese fun, eat Asian snacks, and meet others with a shared interest.
Library Community Room
Tues 12/23, 1/27, 2/24 4-6pm
Free

SUPER SMASH BROS. TOURNAY

Grades 6-12
This 2x2 tourney will bring new action and excitement to our annual tournament. Prizes. Food. Fun. Pre-registration is required. www.tualatinoregon.gov/library
Library Teen Room
Tue 12/30 1-5pm
Free

RPG

Grades 6-12
Get away to another world, where you and your friends create characters and guide them through an adventure! Participate in a costume contest for cool prizes. Pre-registration is required.
www.tualatinoregon.gov/library
Library Community Room
Wed 12/31 1-5pm
Free

GLOW-IN-THE-DARK PARTY

Grades 6-12
Turn off the lights and break out the glow sticks! Play games that glow. Make glowy stuff. Eat, drink, and be merry.
Library Community Room
Fri 1/22 6-8:30pm
Free



HANDS ON HENNA

Ages 18+

Wendy Rover of Roving Horse Henna returns for a two-hour henna workshop featuring history, a hands-on mixing demo, books, artifacts and hennaed objects! All registered participants can get hennaed. Pre-registration is required.

www.tualatinoregon.gov/library

Library Community Room

Sun 1/31 2-4pm

Free

UNLUCKY IN LOVE

Grades 6-12

Celebrate your awesome singularity. Play Games. Eat Snacks. Make unromantic crafts.

Library

Fri 2/12

6-8:30pm

Free



POWERFUL TOOLS FOR CAREGIVERS

Ages 18+

Powerful Tools for Caregivers is a six week educational series designed to help unpaid family caregivers take care of themselves while caring for a relative or friend with a chronic illness. Caregivers develop a wealth of self-care tools to reduce personal stress, communicate their needs effectively in challenging situations, deal with difficult emotions, and make tough caregiving decisions. You will benefit from this class whether you are helping a parent, spouse, or friend, someone who lives at home, in a facility, or across the country. *Suggested optional donation of \$30 for textbook. Pre-registration is required. Register by calling Debbie Croft -503-846-3089 - at the Washington County Family Caregivers Services office.

Library Community Room

Tues 2/16-3/22 1:30-3pm

***Free**



JUANITA POHL CENTER

JUANITA POHL CENTER

ACTIVE AGING CENTER

HOLIDAY CLOSURE:

November 26 // Thanksgiving Day
November 27 // Day after Thanksgiving
December 25 // Christmas Day
January 1 // New Years Day
January 18 // Martin Luther King
February 15 // Presidents Day

SPECIAL EVENTS

9-BALL POOL TOURNAMENT

Ages 21 & Up

Enjoy some friendly competition with other pool enthusiasts. The tournament will be a Race to 2/Double Elimination format. Pre-Registration required.

Wed 2/10 1-4pm
\$3

INTERGENERATIONAL PROGRAMS *New!*

FRIDAY NIGHT BINGO

Age 21 and up

Join us at the Center and enjoy an affordable, fun, night of bingo! Fun prizes will be awarded to the winners. Light refreshments will be served. Pre-registration is required.

3rd Friday of the month
6-8pm
\$3 per person

ENGLISH AS A SECOND LANGUAGE (ESL)

A trained ESL teacher from People-Place-Things will be on hand to assist speakers of other languages explore and practice the English language. This free, drop-in class will take place at the Juanita Pohl Center in Community Park. Partnership with the Tualatin Public Library.

Tue 1/19 - 3/8
6-7:30pm
FREE (drop-in)

DAY TRIPS

TRIP INFORMATION AND REMINDERS

Most trips require a good amount of walking or standing. Wear sturdy, comfortable shoes and be prepared for frequent walking.

Plan to arrive for all trips at least 15 minutes before departure time. The bus leaves promptly at the scheduled time.

Trip return times are approximate; traffic delays and weather can add travel time to a trip. Call 503.691.3061 for cancellations.

DAY TRIP PHYSICAL EFFORT METER

- Minimal walking or standing
- More walking or standing
- Lots of walking or standing

OREGON CULINARY INSTITUTE DINNER •

Ages 21 & up

Enjoy a four-course meal prepared by the students of the Culinary Institute. Meal, gratuity, and transportation included. Alcoholic beverages must be purchased with cash.

Wed 12/16 6:30-9pm
\$30 res/\$38 non-res

JANE EYRE AT THIRD RAIL THEATRE •

Ages 21 & up

Enjoy a recording of a live performance of Jane Eyre direct from London, England. National Theatre Live is a groundbreaking project to broadcast the best of British Theatre live from the London stage to cinemas around the world. Fee includes admission and transportation only.

Sat 1/23 1:30-4:30pm
\$25 res/\$32 non-res

RED RIDGE OLIVE OIL TASTING/ TOUR & LUNCH ••

Ages 21 & up

A guided tour of the Oregon Olive Mill and introductory tasting of 4 estate-milled Extra Virgin Olive Oils using official competition tasting glasses; an engaging and educational experience for those that enjoy Olive Oil.

Fri 2/19 11am-3:00pm
\$50 res/\$63 non-Res



DROP-IN ACTIVITIES

BUNCO DICE GAME GROUP

Ages 21 and up

Enjoy a fun evening of Bunco, an easy-to-learn dice game. Refreshments will be provided and prizes awarded. Pre-registration required.

3rd Wed of the month 6-8pm
\$3

AMERICAN SIGN LANGUAGE SOCIAL GROUP (ONGOING)

All ages welcome

Join other users of ASL for a social hour and chance to practice your skills.

Tue 6-7pm

Thurs 4-5:30

Free



HEALTH & WELLNESS

GROUP EXERCISE PROGRAM PUNCH CARD

Participate in a variety of group exercise classes by purchasing a punch card. These punch cards are only valid for select fitness classes. Available in 5, 10, or 20 visit denominations, purchase at the Center. Look for the programs with the * after the title to save money with a punch card!

GUIDELINES FOR PUNCH CARD CLASSES:

You must present your punch card for validation each time you attend the class. City of Tualatin reserves the right to remove any class from the schedule with consistently low attendance. Punch passes expire within 6 months of date of initial purchase.

Types of Passes	Fees
5 Class Punch Pass	\$10
10 Class Punch Pass	\$18 (1 free class)
20 Class Punch Pass	\$36 (2 free classes)

“I have been attending the SilverSneakers® Classic class for over 8 months now. It is the only exercise class that I have ever followed through with, and this class has made a big difference on my balance and mobility.”

-Bob L.



SILVERSNEAKERS® CLASSIC*

Ages 55 & Better

Have fun and move to the music with a variety of exercises designed to increase muscular strength and range of movement. Hand-held weights, elastic tubing with handles and a SilverSneakers® ball are offered for resistance. Activity level:

Beginner

Mon/Wed/Fri 10-10:50am

BOOMER BOOT CAMP *New!*

Ages 55 & Better

Increase your endurance performing a variety of cardio and weight exercise stations.

Activity level: Beginner/Moderate

Mon/Wed 11:15am-12pm

JUANITA POHL CENTER

YOGA FOR VETERANS

Ages 18 & Up

A program for Veterans to come together and learn gentle stretches to ease suffering from combat and post traumatic stress. Sponsored by Barhyte Specialty Foods, Inc.

Activity level: Beginner

Sat 10:15-11:15am

FREE for all Veterans

GENTLE YOGA

Ages 55 & Better

Focus on flexibility, strengthening and balance without pain, using the breath and the mind to open the body while doing the asanas (postures). The class is designed to assist participants to improve body alignment and strengthen muscles to minimize common problems associated with aging.

Monday 1/11-3/28

Wed 1/13-3/15

8:30-9:45am

\$55 res/\$69 non-res

GRAY FOXES WALKING CLUB-NEW!

Ages 55 & Better

The goal of this group is to allow people of all fitness levels walking in our parks/trails to improve their health and wellness. Make new friends and explore Tualatin. Call the center in the case of inclement weather.

Tues/Thurs 9-9:45am

Free

SILVERSNEAKERS® CIRCUIT*

Ages 55 & Better

Combine fun with fitness to increase cardiovascular and muscular endurance with a standing circuit workout. Upper-body strength-work with hand-held weights, elastic tubing with handles and a SilverSneakers® ball are alternated with low-impact aerobic choreography.

Activity level: Moderate

Tues/Thurs 11am-12pm



BOOMER STRETCH & RELAXATION

New!

Ages 55 & Better

Enjoy active stretching and take your muscles through their full range of motion naturally. Strengthen the mind-body connection and test your limits. Activity level: All

Tues/Thurs 2-3pm

MOVE WITH JOY

Ages 55 & Better

Come experience joy through music, movement and community. Create spaciousness and ease in your joints, engage your core, and improve your balance. Activity level: Beginner

Fridays 12-1pm

\$6 drop-in fee

MASSAGE SERVICE

Ages 18 & Up

Enjoy a full body or chair massage. Call 503.691.3061 to inquire about services, rates and to make an appointment. Fee is due at the time of service.

**1st and 3rd Thursday each month
9am-3pm**

ENRICHMENT

DISCOVERY SESSION SERIES

New!

Enjoy a monthly presentation on a topic that will enrich your health, mind, or both. Topics will include history, health & safety, armchair travel and much more!

12/9 Everyday Brain Health 10-11am

**1/13 A House Divided: Civil War – A
Smithsonian Art Museum Presentation
2-3pm**

**2/11 Investigating the Lincoln
Assassination with Detective McDevitt
2-3pm**

FREE *Pre-registration required.

LINE DANCE

Ages 18 & Up

Join other dancers and learn some fun Line Dances or just come for the great exercise. Partners not needed.

Fri 7-9pm

**Punch Pass Options: 5 for \$25; 10 for
\$50, 20 for \$100**



WAX PAPER & EMBOSSEING CARD WORKSHOP

Ages 21 & up

Learn how to make wax paper resist background greeting cards and take home three projects at the end of each themed session. Class restricted to 12 students.

*All classroom materials provided

Fri 12/4 1-3pm

\$20 res/\$25 non-res

ACRYLIC PAINTING FOR BEGINNERS

Ages 21 & up

Learn to use color to create movement, texture, and light on canvas. Relax, play, and have fun as you learn to mix and express yourself with color in this fun 4-week class. Class restricted to 15 students.

Sun 1/10-1/31 2-4pm

\$140 res/\$162 non-res

ONE-ON-ONE TECHNOLOGY TUTORING

All Ages

If your computer devices are giving you a hard time, visit our volunteer technology tutor at the center. Assistance with smart phones, tablets, and computer issues will be available; call the center to make an appointment and bring your device with you.

**Wed 1-3pm
Free**

HOME IMPROVEMENT & GARDENING (DO IT YOURSELF) WORKSHOPS

Enjoy these monthly workshops and learn basic home improvement and maintenance skills. Contact the center for more information.

INFORMATIONAL & REFERRAL

AARP TAX SERVICE

AARP volunteers offer help filing taxes at the Juanita Pohl Center. This service is provided for low and middle income tax payers and the elderly. Appointments can be made in person or over the phone at 503.691.3061 beginning January 4. A list of items needed will be provided when the appointment is made.

**Thurs 9am-3pm
Free**

AARP DRIVER SAFETY CLASS

This 6-hour classroom course is designed to meet the needs of older drivers. Payment is due to the instructor at the time of the class. Pre-registration required.

**Wed 1/9 8:30am-3:30pm
\$15 AARP Member, \$20 non-member**

MEALS ON WHEELS

The Juanita Pohl Center, through the Meals on Wheels People, offers hot, nutritious meals for anyone age 60 & older Monday through Friday. Lunch service begins at 11:45 a.m. Meals on Wheels service is also available for homebound seniors. For more information, contact Theresa Thornton at 503.692.6767.

www.mealsonwheelspeople.org

LEGAL ADVICE PROGRAM

The Senior Law Project (SLP) is a volunteer lawyer program that is operated by Legal Aid Services of Oregon. Receive a free 30-minute consultation with a volunteer attorney. By appointment only.

2nd Fri of each month 9-11:30am

ALZHEIMER SUPPORT GROUP

Ages 18 & Older

Spouses, caregivers, family and friends of persons suffering from Alzheimer's Disease and related dementia meet monthly to share resources, experiences, ideas, and educational information.

1st Tues of the month 1-2:30pm

BEREAVEMENT SUPPORT GROUP

Ages 18 & Older

Facilitated by a hospice worker, the group reflects an invitation to discover healing and hope in the face of loss as participants express and clarify their feelings in an environment of mutual support.

4th Thurs of the month 6-7:30pm

PARKINSON SUPPORT GROUP

Ages 18 & Older

Connect, share information and discuss struggles and victories involved in living with the disease.

3rd Sat of the month 9-11am

GRUPO DE APOYO PARA MUJERES (ONGOING)

Ages 21 & Older

A support group is for Spanish speaking women who face challenges with anxiety, depression or other mental health concerns.

Sat 10am-12pm

VOLUNTEER SERVICES

PUT DOWN ROOTS IN TUALATIN

The City of Tualatin enjoys many parks, trails, wetlands, and green-ways. Keep these areas vibrant by planting and mulching native trees and shrubs. By putting down roots in Tualatin, you can...Get dirty, breathe fresh air, meet new people, get a sense of achievement and impact the health of our environment. Individuals, families and groups are invited to register for one or many of the opportunities offered this winter. All events are 9 am – 12 pm. Tools, gloves, water, snacks and guidance by City staff are provided. For more information contact Jackie Konen at jkonen@ci.tualatin.or.us or 503-691-3087.

Register:

www.tualatinoregon.gov/volunteer

SATURDAY, 11/21 BROWNS FERRY PARK

Be thankful for trees! Give a tree a hug by removing invasive English ivy, plant native trees and shrubs and mulch native plants along the banks of the Tualatin River. The City of Tualatin and Friends of Trees will be your guides.

SATURDAY, 12/5 TUALATIN RIVER 99W BOAT LAUNCH

Volunteers are better than elves! Start the holiday season impacting stream health along Tualatin River by removing invasive plants and litter. Finish the event with a marshmallow roast with Tualatin River Keepers and the City of Tualatin.

MONDAY, 1/18 MARTIN LUTHER KING DAY “MAKE IT A DAY ON, NOT A DAY OFF” IBACH PARK

Plant and mulch 1500 native trees and shrubs along the banks of Hedges Creek with the City of Tualatin, Friends of Trees and Clean Water Services.

SATURDAY, 2/6 NYBERG WETLANDS

Take a walk in the wetlands between 1-5 and Nyberg Road with the City of Tualatin and Wetlands Conservancy. You can impact water health through litter pick up and live stake planting at this site.



TWEEN TAKEOVER

Ever wonder what makes your Library tick? You do!

In this “learn and serve” volunteer opportunity, tweens will participate in basic library operations like shelving, followed by some hang time in the Teen Room. Tweens will spend an exclusive hour in the Teen Room, and discover what library volunteers already know: volunteering in the Tualatin Library is fun!

Tualatin Library

Grades 4-7

**Saturdays: 12/12, 1/9, 2/13, 3/12
10am-12pm**

For more information contact Margaret Gunther at mgunther@ci.tualatin.or.us or visit our website

www.tualatinoregon.gov/volunteer.

SPRUCE UP THE LIBRARY! - 2015

Library volunteers play an important role as partners in the Library's purpose of connecting people to the world of ideas and information.

NEXT EVENTS:

Fri 12/18 5:45-8pm

Sat 1/16, 8-10am

Sun 2/7 10am-12pm

Fri 3/18 6-8pm

Spruce Up Tualatin Library events are a family-friendly way for you and your family to get involved in your Library. Event volunteers help by ridding the Library of dust-bunnies, shelving books and movies, and make the Library shine before it opens to our patrons. We have fun, make new friends, and usually enjoy a snack or two! For more information contact Margaret Gunther at mgunther@ci.tualatin.or.us.

Register:

www.tualatinoregon.gov/volunteer

TUALATIN FAMILIES CELEBRATE CHRISTMAS

Bring examples of your own traditions for an hour of stories, music, and treats that will be enjoyed in many Tualatin homes during the holidays. Learn how those practices evolved and what they mean for persons whose family roots stretch around the world. Monthly program sponsored by The Tualatin Historical Society.

Wed. 12/2 1pm

Donations accepted

KNITTING AND CROCHET WORKSHOP

Bring a project or start one. Help is available. All levels welcome.

Fridays, 12/4, 12/18, 1/8, 1/22, 2/5, 2/26 10-12pm

Free

TUALATIN'S FIRST PEOPLE: THE ATFALATI INDIANS

Washington County Museum brings artifacts and stories of Washington County's first residents: the Atfalati Band of the Kalapuya Indians who called this area home. Learn how these original Tualatin Valley families lived and dressed in an interactive presentation. Their descendants today are part of the Grand Ronde Confederated Tribe. Monthly program sponsored by the Tualatin Historical Society.

Wed. 1/6 1pm

Donations accepted

IS THE NEW YORKER MAGAZINE RIGHT?

Dr. Scott Burns, THS member, retired geology professor and frequent commentator on TV when the earth moves, will review the latest perspectives on the recent news about a major earthquake in the Cascadia Subduction Zone. \$3 suggested donation for adults.

www.iafi.org/lowercolumbia

Thurs. 1/21 7pm

Donations accepted

BREAKING CHAINS: SLAVERY ON THE OREGON TRAIL

Author R. Gregory Nokes returns to the Heritage Center to describe his research on the only slavery case adjudicated in Oregon courts in 1853. Missouri slaves Robin and Polly Holmes were brought to the Willamette Valley in 1844 and kept in bondage until the issue landed in court. This program coincides with Black History Month. Monthly program sponsored by the Tualatin Historical Society.

Wed. 2/3 1pm

Donations accepted

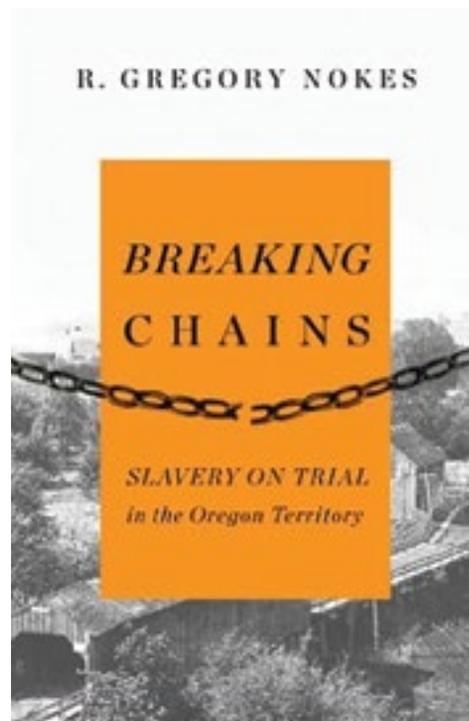
WILLAMETTE FALLS HERITAGE AREA

Alice Norris, former Oregon City Mayor and past president of the Willamette Falls Heritage Area Coalition, will describe how leaders are working to expand this natural resource from a state designation to a national heritage area. Discover the many "firsts" that occurred just downstream from Tualatin. \$3 suggested donation for adults.

www.iafi.org/lowercolumbia

Thurs. 2/18 7pm

Donations accepted



NEED A PLACE FOR YOUR GATHERING?

The Tualatin Heritage Center is a beautifully restored and repurposed 1926 church located near the banks of Sweek Pond. The Center offers a variety of interesting programs for all ages. Come learn about our city's rich and colorful history and see displays that include the Tualatin Mastodon tusk and molars. Operated in partnership with the City of Tualatin, the Heritage Center is home of the Tualatin Historical Society. The Heritage Center and patio are available for rental. Book meetings, parties, memorial services, weddings and receptions, celebrations, and more! For information, call 503.885.1926.

FACILITY RENTALS

FACILITY RENTALS

The City of Tualatin is your source for hosting celebrations and outings for any occasion. With four different reservation locations — from meeting spaces to party spots — our indoor and outdoor spaces will help make your event extra special. City of Tualatin facilities offer unique amenities and customized packages to meet your needs. Call 503.691.3061 for more information.

Centrally located in Tualatin, the Juanita Pohl Center includes a meeting room and event rooms available for reservation. The two event rooms can be combined to accommodate large groups and features a kitchen. For rates and accommodations, call 503.691.3061.

For intimate gatherings, the Tualatin Heritage Center includes a multipurpose room that is available for reservation. For rates and accommodations, call 503.885.1926.

Other facilities available for rentals: Tualatin Community Library & Browns Ferry Community Center

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: **Online Shelter Reservations begin January 1st at 8 a.m.**

: The City of Tualatin now offers online shelter reservations.
: This reservation feature now allows users to search for shelters,
: check availability, and reserve shelters 24 hours a day using the
: website.

: The city has 4 park shelters at Tualatin Community Park
: available to reserve for outdoor parties, corporate picnics,
: family gatherings, and more. Fees are based on four hour time
: blocks. For rates and accommodations, call 503.691.3061.

- Main Shelter (capacity 75-150)
 - Rustic Shelter (capacity 60)
 - Trestle Shelter (capacity 48)
 - Patio Shelter (capacity 40)
-





10 THINGS TO DO IN TUALATIN THIS WINTER

1. Celebrate with the City of Tualatin and area children's choirs at Starry Nights and Holiday Lights on December 4th.
2. Pack a thermos of cocoa and enjoy a winter walk and birdwatching in Browns Ferry Park.
3. Get your blood flowing and muscles working! Start the year off right by taking a fitness class at the Juanita Pohl Center.
4. Unplug and reconnect - start a new family game night tradition!
5. Cozy up with a good book in front of the fireplace at the Tualatin Public Library.
6. Fire up the stove and try a new recipe – January is National Soup Month!
7. Get dressed up and enjoy the Snow Ball Daddy Daughter Dance February 19 and 20.
8. Help out families in need by donating to the Tualatin Food Pantry this February for National Canned Food Month.
9. Explore the newest portion of the Tualatin River Greenway between Barngrover Way and Browns Ferry Park (opening this winter!)
10. If all else fails, dream of sunny summer days and picnics in the park – park shelter reservations open on January 1!



BLACK BEAN PUMPKIN SOUP

Adapted from *Gourmet*, November 1996

Yield: 9 cups

Three 15 1/2 ounce cans black beans (about 4 1/2 cups), rinsed and drained

1 cup drained canned tomatoes, chopped

1 1/4 cups chopped onion

1/2 cup minced shallot

4 garlic cloves minced

1 tablespoon plus 2 teaspoons ground cumin

1 teaspoon salt

1/2 teaspoon freshly ground black pepper

1/2 stick (1/4 cup) unsalted butter

4 cups beef broth

a 16-ounce can pumpkin puree (about 1 1/2 cups)

1/2 cup dry Sherry

1/2 pound cooked ham, cut into 1/8-inch dice

3 to 4 tablespoons Sherry vinegar

Garnish: sour cream and coarsely chopped lightly toasted pumpkin seeds

In a food processor coarsely puree beans and tomatoes.

In a 6-quart heavy kettle cook onion, shallot, garlic, cumin, salt, and pepper in butter over moderate heat, stirring, until onion is softened and beginning to brown. Stir in bean puree. Stir in broth, pumpkin, and Sherry until combined and simmer, uncovered, stirring occasionally, 25 minutes, or until thick enough to coat the back of a spoon.

Just before serving, add ham and vinegar and simmer soup, stirring, until heated through. Season soup with salt and pepper.

Serve soup garnished with sour cream and toasted pumpkin seeds.

Black Bean Pumpkin Soup was originally published on SmittenKitchen.com

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STARRY NIGHTS AND HOLIDAY LIGHTS

THE CITY OF TUALATIN'S ANNUAL TREE LIGHTING AND CHORAL CELEBRATION

FRIDAY, DECEMBER 4 // P. 4 WWW.TUALATINOREGON.GOV

WINTER IN TUALATIN

